

Do you want to know more about FAITH and its Peer-to-Peer Mentoring Programme?

VISIT OUR WEBSITE

faith-project.eu

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[faith.project.eu](https://facebook.com/faith.project.eu)

Partners

The two-year project, running from January 2021 to January 2023, is a common effort of 7 partner organisations.



50 Plus Hellas – GREECE

50plus.gr



Anziani e Non Solo – ITALY

anzianienonsolo.it



Center for Social Innovation – CYPRUS

csicy.com



Misericordia of Amadora (SCMA) – PORTUGAL

misericordia-amadora.pt



Symplexis – GREECE

symplexis.eu



AGE Platform Europe – BELGIUM

age-platform.eu



BK Consult – GERMANY

bk-con.eu



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Feeling Safe to Transact Online In the Third Age

Peer-to-peer Mentoring Programme



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We live in a rapidly changing world where digital technology and the internet have well and truly entered our lives! Services, shopping, payments, the way we communicate are all “moving” online...

Thus, people who are less familiar with the internet and the use of electronic devices face the risk of social exclusion and a large proportion among them are older adults with less confidence and trust in using digital technologies.

In an effort to prevent and combat the digital marginalisation of **people 55+**, the **FAITH** project, has developed a **Peer-to-peer Mentoring Programme!**

In this unique programme, older adults act as learning facilitators, or mentors, to other older adults, the mentees. The goal is not only to improve the knowledge and competences of people 55+, but above all, to motivate them to participate and engage actively to overcome the barriers they face in using the internet for their transactions.

You don't understand how the digital world works? Do you feel like you're being left behind?

Let your peers help you!

Be a Mentee!



Do you feel confident about your digital skills?

Help your peers!

Be a Mentor!

Why?

- You will have peer support in order to enhance your capacity and build your confidence and trust to use Internet and ICT technologies to transact online.

Who will be my mentor?

- A person at the same age with higher digital skills and confidence regarding ICT technologies and the Internet.
- The matching will be based on the profile and needs of each person.

What will I have to do as a mentee?

- Follow FAITH's digital learning programme which consists of two main parts: I) Face-to-face training II) e-Learning
- The educational progress will be flexible according to your knowledge, needs and learning pace.

Why?

- Easy! You will make a huge difference in someone's life! You will also be able to enhance your leadership skills and your self-esteem and to connect with people and make new friends.

Who will be my mentee?

- A person at the same age with low digital skills. The matching will be based on the profile and needs of each person

What will I have to do as a mentor?

- Share your personal experience
- Assist your mentee to establish their personal mentoring plan
 - Guide your mentee through FAITH's training material
 - Act as positive role model
- Answer questions and give tips